

Blasentagebuch

| Name | | | | | |
|---------|--------------------|---|-------------------|-----------------------------------|------------------|
| Datum | | | | | |
| Uhrzeit | Trinkmenge [ml] | Getränk [z.B. Wasser, Saft, Tee,...] | Urinmenge [ml] | ungewollter Urinverlust [x] | Stuhlgang [X] |
| 06:00 | | | | | |
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